



MARKET ALTERNATIVES, LLC

**Market Alternatives, LLC  
presents the  
5th Annual  
Run For The Red 5K  
Saturday JUNE 12, 2010**



**American Red Cross**  
Wayne County Chapter

**Entry:** \$12.00 Pre-Registration (Postmarked by 6/11/10) / \$15.00 day of race

**Registration:** begins at 8:00 a.m. at the Central Park Gazebo, Main St., Newark NY

**Race Time:** 9:00 a.m.

**Course:** accurately wheeled 5K (5000 meter) course

**USATF Course Number:** NY10008JG

**Map of Course:** <http://www.usatf.org/routes/view.asp?rID=361961>

**Awards:** immediately following race to OVERALL MALE & FEMALE finishers (\$50.00 cash) and first three finishers in each age division (medals)

**Age Divisions:** Male and Female:

14 & under	30-34	50-59
15-19	35-39	60-69
20-24	40-44	70-79
25-29	45-49	80 & Over

**Parking:** available in lot behind Central Park and along East Ave.

**Restrooms:** Alex Eligh Community Center

**Refreshments:** FREE, before and after the race

**Water:** on course and at finish

**T-shirts:** to the first 125 Run/Walk entrants

**Door Prizes, 5K Run Awards, Acknowledgements** at 10:00am ceremony at Central Park Gazebo.

**For further information call the American Red Cross at 315-331-3783**

**THANK YOU SPONSORS**



**George E. Denniston Agency**



**K&D Disposal  
Newark, NY**

**Please complete form and mail with a check payable to:**

**American Red Cross  
400 S. Main St.  
Newark, NY 14513**

**RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT:**

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,

2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,

3. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS the American Red Cross, its officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

circle: Male Female Age (event day) \_\_\_\_\_ Shirt Size - circle: Adult L or XL

\_\_\_\_\_  
Signature Parent or Guardian if under 18